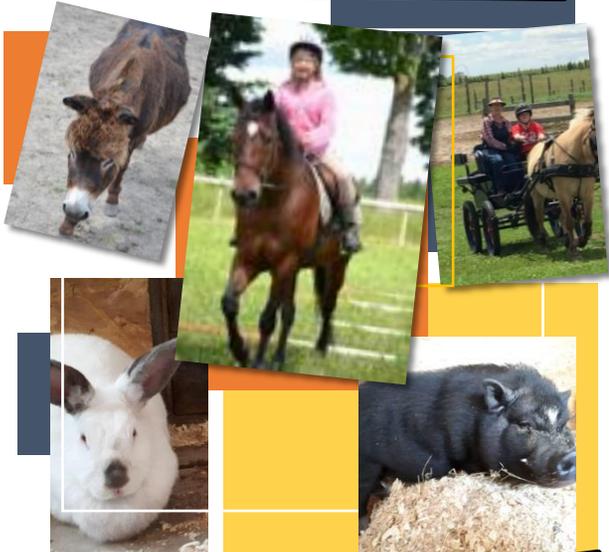


# Equine & Animal Involvement



This summer we are incorporating small animals and horses into our daily programming. All campers will have the opportunity to engage in animal handling and training, explore how to safely interact with animals through fun activities with the horses and smaller animals on the farm. With the help of our furry friends, campers have opportunities to develop and practice social thinking skills, self-regulation as well as build their confidence. Our horses and animals come with qualified animal handlers and instructors as well lots of fun activities such as carriage driving with our miniature horses

## About the program

Our program is best suited for children who have Attention Deficit Hyperactivity Disorder (ADHD), anxiety, depression and adjustment problems, Autism Spectrum Disorder (ASD), learning disabilities, are suffering from loss, separation or major family stressors. It runs on a four-to-one program staff ratio with extra support for children where needed. Dr. Angela Fountain, and her Associate staff, will be providing group treatment for all clients, and clinical supervision to the program staff. Parent orientation and follow up are also a part of the camp experience. A special Leader in Training (L.I.T) program will be offered for teens that need an extra boost and support to develop their leadership skills, self confidence and high school performance.

## SUMMER Youth Day Treatment Camp

1037 Howden Rd. E. Oshawa, Ontario, L1H 0L7  
www.drffountain.ca 905.655.5813



### Camp Grounds

Our camp facilities are located on F.J. Farm – a beautiful 60 acre property. The facility includes a beautiful swimming pool, playground, 15 acres of forest, creek and more!

## Share

## Laugh



## Develop



## SUMMER Youth Day Treatment Camp

## 2020 Camp Dates

| June 29 – July 10 | | Jul 13 – Jul 24 |  
| July 27 – Aug 7 | | Aug 10 – Aug 21 |

### Fees

Early Bird Fee (By March 31st)  
\$700/2 week cycle

Regular Fee (April 1st-May 16th)  
\$740/2 week cycle

Late Fee (After May 16th)  
\$780/2 week cycle

**Early-Bird  
Deadline**  
March 31st  
@ 4pm

## Summer Youth Day Treatment Camp

This summer Dr. Angela Fountain and Associates is proud to offer a special Child and Youth Day Program for children in JK-Grade 8 who are experiencing social-emotional problems and/or learning disabilities. Our program is specifically designed to be fun and enjoyable, while at the same time providing our young clients with the essentials for developing strong healthy relationships, confidence building, and learning practical problem solving skills. Embedded in thematic weeks of fun and adventure, in a country setting, are opportunities for individualized and group skill building in the areas of social skills, anger/anxiety management, impulse control, sustained attention and learning skills.

### Programs and Fees

Our day program will be delivered in two week cycles, with changing themes so that children can attend one or more program periods. Children will be screened and grouped carefully based on their capacity to get along and enjoy each other's company. Children who cannot join in safely due to behavioural problems will not be accepted into the program, but will be considered for alternative treatment programming upon special request.

Fees for extended after-hour services, and additional psychological treatment and/or assessment are separate and appraised on an individual basis, over and above standard program fees.

## Signature Camp

This year we are introducing our Signature Camp which is filled with all the favorite activities a child would experience living on a farm. From hanging out and playing with the farm animals and horses to building forts and playing games in the woods or learning a farm artisan craft, campers will have a fun filled two weeks while building their coping skills, confidence and capacity to function in a group. Built into our Signature Camp is our social thinker's program where we build on "we" thinking, self-regulation, personal safety and assertiveness. On the farm looking out for each other, team work and practical problem solving are essentials for success.



LIFESAVING SOCIETY®  
The Lifeguarding Experts

### SWIMMING at Camp

Our camp programs include certified Life Saving Society daily swimming lessons in our full sized pool. Campers are given the opportunity to try completing new levels or continue working on their current level.

## Superhero Camp

This thematic program will be based on building camper's repertoire of superpowers to defeat those pesky everyday challenges that arise and try to invade our social world and interactions. Along with the fun and creative games that come with this ever-prevalent theme, this program will focus on social skills such as flexible thinking and awareness of personal behaviours needed to be a "Super-flexible" Superhero.

For Registration go to [www.drfoountain.ca](http://www.drfoountain.ca)  
or call 905-655-5813



## Staff

One key factor that allows camp to be a success is the fantastic staff. With our 4:1 client/staff ratio, our counsellors are able to build meaningful relationships with campers to ensure they receive the best out of the program. All our counsellors have, or are in the midst of earning diplomas or degrees related to working with children. We partner with our local colleges and universities providing specialized training in the six weeks before camp to our counsellors as well as clinical supervision and direction from our core staff. Dr. Angela Fountain devotes her summers to our camp program working directly on program with staff and campers. Many of our staff have been with us for a number of years, and our camp children enjoy seeing their favorite counsellors year after year.

### Open House – June 13

9am – 4pm

A time to visit the grounds, meet counsellors, and fill out remaining registration forms!

### Activities

- Drama
- Sports & Games
- Gardening
- Nature Walks
- Arts & Crafts
- Playground
- Farm Animals
- Fort Building

### Schedule

#### Signature Camp 1

(Cycle 1) June 29 - July 10

#### Superhero Camp 1

(Cycle 2) July 13 - 24

#### Signature Camp 2

(Cycle 3) July 27 - Aug 7

\*Civic holiday – only 9 days

#### Superhero Camp 2

(Cycle 4) Aug 10 - 21